



il Ticino in Mountain Bike

Lake Maggiore and the Valleys



Lake Maggiore and the Valleys

Ascona

We can safely describe Locarno, together with nearby and smaller Ascona, as the pearl of Lake Maggiore. In a beautiful position and favoured with a mild climate and subtropical vegetation, the area has been a tourist attraction since Roman times. Assured of international renown thanks to the annual Film Festival, when the main square is transformed into a unique open-air cinema, Locarno offers a rich variety of cultural and artistic choices. A visit to the old town with its characteristic restaurants and innumerable small shops offering a wide range of goods would be enough in itself to make a visit worthwhile. But a visit to Cardada, whose woody slopes surround Locarno, is magnificent. A funicular railway takes the visitor to the sanctuary of Madonna del Sasso, an important hermitage built on the rocks, then the journey continues by cable car to Cardada. The transparent cabin, designed by architect Mario Botta, offers a breathtaking view over the town and the lake below. At the top of the mountain, the visitor can walk to the panoramic platform and find himself face to face with Monte Rosa, which stands out among the encircling alpine crests.

The civic and archaeological museum at the Castello Visconteo has a permanent exhibition of local archaeology from the late Bronze Age to the High Medieval period, and an important collection of Roman glass, which will surely fascinate history lovers. At the municipal art gallery, the Casa Rusca,

visitors can admire works from important artists, including donations from Jean and Margherite Arp.

The surroundings of Locarno offer wonderful landscapes for the visitor to explore, from the subtropical lakesides to the alpine peaks of the surrounding mountains. The boat from Locarno takes in the left bank of the lake, the Gambarogno, before arriving at the splendid Islands of Brissago. Their famous botanical gardens, destination for innumerable tourists, are full of bright colours in spring, reflected in the green waters of the lake like a precious jewel. Following along the right shores of the lake, we can admire Brissago and Ronco, before landing at Ascona. This beautiful village has always been a destination for internationally famous artists and intellectuals, its lanes housing museums, galleries, fashion boutiques, antique shops, restaurants and hotels to suit all tastes. Cultural events at Monte Verità such as the famous New Orleans Jazz Festival, attract innumerable tourists every year, who, attracted by the beauty of the place, often become "regulars".



The Maggia Delta between Locarno and Ascona © P. Brioschi



Ponte Brolla near Locarno

There are four valleys surrounding Locarno: the Centovalli, the Onsernone Valley, the Maggia Valley, and the Versasca Valley. The Centovalli, fascinating and mysterious, so called because of the innumerable side valleys that pour into the main river, the Melezza, can be explored by car, bike or by taking the "Centovallina", the train which connects Ticino with Italy, from Locarno to Domodossola.

At Cavigliano, the mouth of the Centovalli, the road begins to the Onsernone Valley. The route connects the villages in the valley one with another, and creates spectacular close-ups of a truly magnificent landscape, peaceful and yet breathtaking at the same time.

Because of the long absence of through traffic in the valley, there is an air of calm serenity, and after a short stay visitors are imbued with a profound sense of peace. There is no mass tourism here, and the number of rooms available in the small family run hotels, hostels and mountain refuges is, fortunately, limited.

What is the attraction of the Maggia Valley? Undoubtedly the great variety of landscapes and situations that a difference of 3,000 metres from the mouth of the Valley at Ponte Brolla to the highest point, the glacier at Basodino, can contain. A historically rich area where man has been for thousands of years, the Maggia Valley, which occupies a fifth of the area of Canton Ticino, is visited every year by thousands of tourists. Destinations such as the church of the

Madonna delle Grazie at Maggia, the square and museum at Cevio, Bosco Gurin – the Walser village that is the highest village in the canton, where an atavistic German dialect is still spoken today – where in winter there is skiing, the Bavona Valley, with the waterfalls at Foroglio, and the whole area of Robei, the Lavizzara Valley including Fusio and Mogno, the tiny village whose church was designed by Mario Botta, are already classic destinations for those wanting to admire the jewels of this sub-alpine valley. We also should not forget the river whose cool waters await on summer days for a refreshing dip or simply a moment of doing sweet nothing on its banks. And to end the day, what could be better than calling at a simple mountain restaurant (grotto) to taste some local specialities and a good glass of merlot?

A short way away from the city we find the Verzasca Valley: the valley of green waters. This isn't a publicity slogan; it really is green all the year round. The wild and wonderful river really seems to have absorbed the colours of the surrounding woods.

Traces of the past and the present, of inspiration and human ingenuity are to be found blending harmoniously into the landscape throughout the Verzasca Valley: from the impressive dam at the mouth of the valley, 220 metres high and famous for James Bond's jump in "Goldeneye", to the "Ponti dei Salti" at Lavertezzo, to the numerous churches and chapels in the villages and along the footpaths, to the characteristic local stone houses. The Versazca Valley is a place where nature and history, inhabitants and visitors live together in an unspoilt environment.

1.



Maggia



2.



Alta Valle Maggia



3.



Melezza



4.



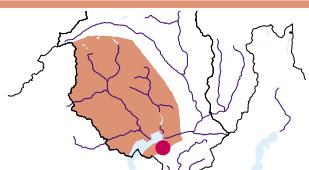
Rasa



5.



Bassa di Indemini



6.



**Ascona-
Bellinzona**



7.



**Locarno-
Sonogno**



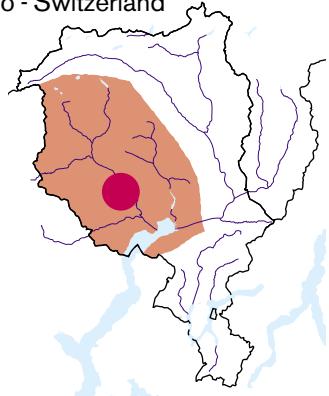
Maggia

Description of the tour

A technically very demanding tour in the lower part of the Maggia Valley. We leave from Maggia village, and continue partly on footpaths and partly on the old road, following the valley as far as Someo. Here we cross the River Maggia on a suspended bridge 380 metres long. On the other side of the river we find a technically very demanding single track which takes us to Lodano.

Following a quiet, little-used road we arrive at Moghegno, and from there finish the tour by returning to Maggia Village.

The tour does not offer special viewpoints over the valley, but following the route we pass many old but well-preserved villages with typical stone houses and chapels.



Distance	19.59 km
Height Difference	205 m
Time Needed	1.15 – 1.55 ore
Physical Demands	① ② ③ ④ ⑤
Technical Difficulty	① ② ③ ④ ⑤
Views	① ② ③ ④ ⑤
Period Advised	



Bridge on the Maggia (7.4 km, 370 m)





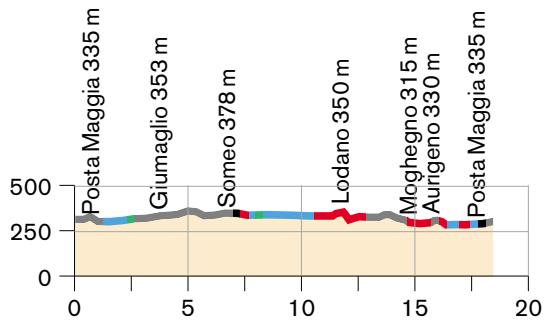
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Route

Maggia
Coglio
Giumaglio
Someo
Lodano
Moghegno
Aurigeno
Maggia

Please Note

In autumn the woodland footpaths can be covered with large quantities of vegetation



- Main road
- Secondary road
- Vehicle track
- Mule track / Single track
- Section not suitable for cycles

- Warning – danger!
- Watch out for walkers
- Of special beauty
- Mountain restaurant
- Viewpoint



Maggia Parish Church of S Maurizio;
Church of the Madonna delle Grazie
with frescoes by Vanoni.

Coglio Ossuary in the cemetery

Someo Parish Church with cemetery
of particular interest

Lodano-Moghegno peat from
Moghegno

Aurigeno Oratorio del Carmelo;
Parish Church from 1761 with frescoes
by Vanoni.

Cevio Museum of the Maggia Valley



Lodano (12,3 km, 340 m)



9,5 km, 370 m



Lodano (12 km, 350 m)



Valle Maggia (5,2 km, 375 m)



Giumaglio (4,1 km, 365 m)



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Alta Valle Maggia

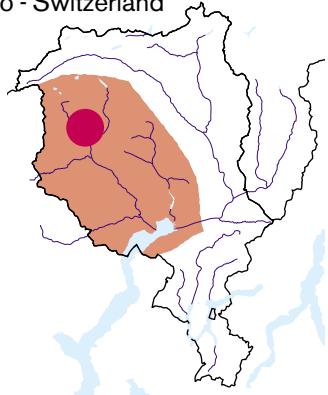
Description of the tour

A technically very difficult tour through the beautiful high Maggia Valley.

From Prato Sornico we climb to Veia on the little-used main road, from where the first tour returns to Prato Sornico on a single track road technically without equal.

The second tour takes us out of the valley to Broglio and then up to Monte di Rima.

A magnificent view over the valley awaits here, and a technically attractive descent that takes us back to the starting point.



Distance	15.70 km
Height Difference	585 m
Time Needed	1.10 – 1.50 ore
Physical Demands	① ② ③ ④ ⑤
Technical Difficulty	① ② ③ ④ ⑤
Views	① ② ③ ④ ⑤
Period Advised	



Prato Sornico (745 m)





Route

Prato Sornico
Peccia
Veia
Prato Sornico
Broglio
Monti di Rima
Prato Sornico

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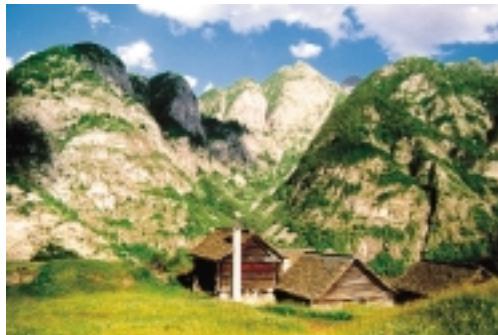
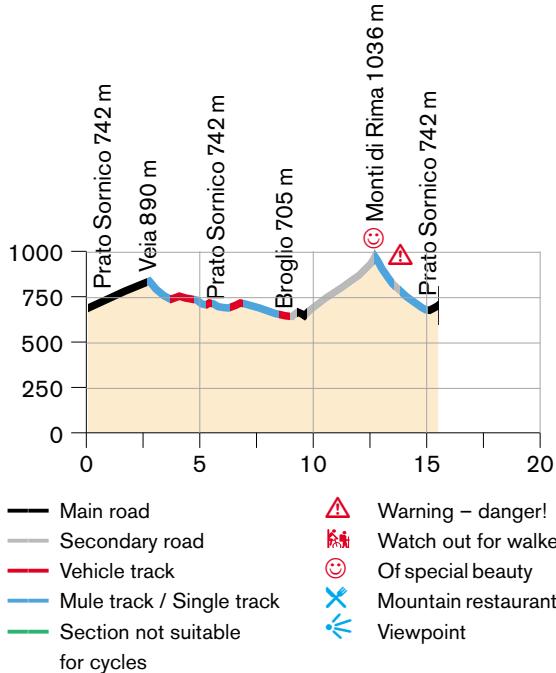
The altar of the San Giovanni Battista Church, Mogno (Fusio)



Prato Sornico (745 m)



Walks in the Maggia Valley



Monti di Rima (12,8 km, 1036 m)



Prato Sornico (745 m)

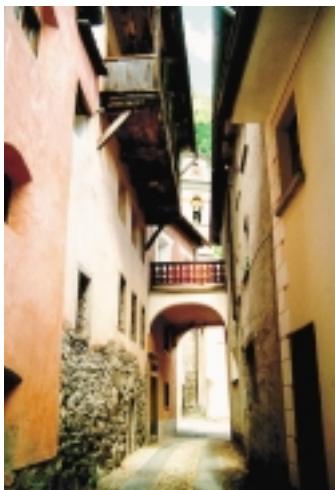


Sornico Community House; Church of S Martino

Peccia Village of marble for antonomasia. Visit the marble sculpting school and the footpath of sculptures, a footpath used as a platform to present work, where new sculptures are added annually.

Monti di Rima Small church and panoramic view over the valley.

Mogno (Fusio) Church of San Giovanni Battista, restored by the architect Mario Botta in 1996.



Prato Sornico (745 m)



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Melezza

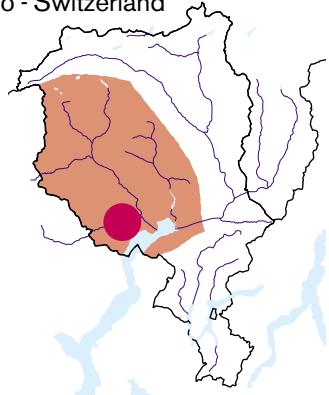
Description of the tour

An easy tour which takes us along the route of the lower River Melezza and the delta of the River Maggia into Lake Maggiore.

From Ascona we climb to Monte Verità, from where we take an asphalted woodland track to Arcegno. We then descend on a narrow road to Golino, next to the River Melezza.

We cycle along a pleasant track by the river for 8 km, to the delta of the River Maggia.

We return to Ascona on side roads.

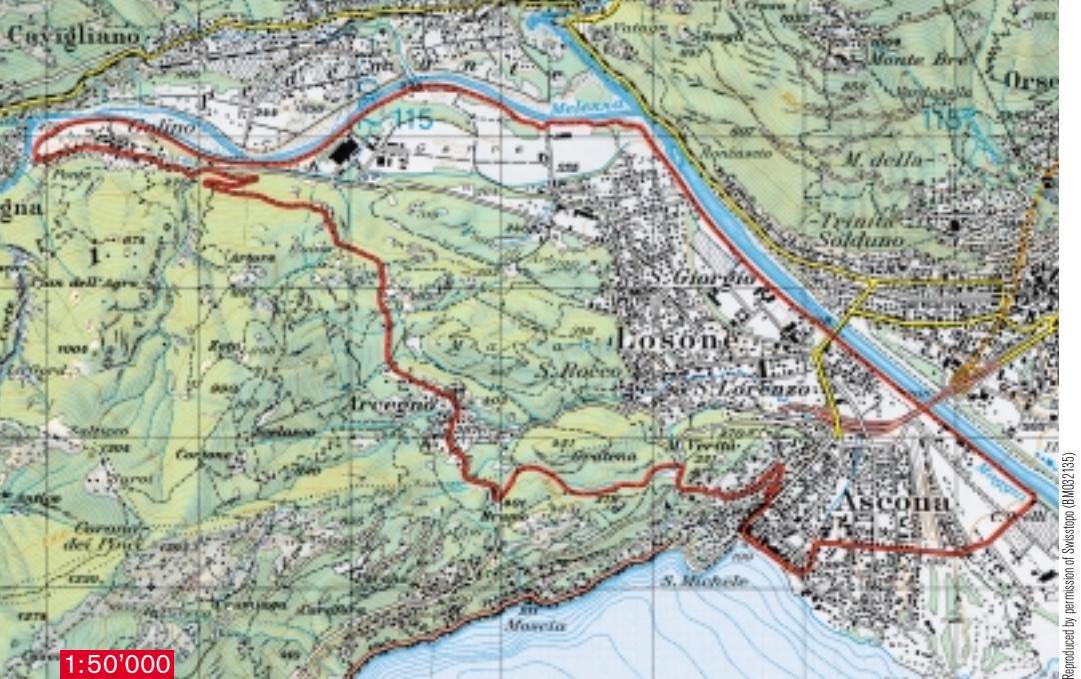


Distance	18.9 km
Height Difference	240 m
Time Needed	1.00 – 1.40 ore
Physical Demands	1 ② ③ ④ ⑤
Technical Difficulty	1 ② ③ ④ ⑤
Views	1 ② ③ ④ ⑤
Period Advised	



Ascona. © Maggiorepix





Route

Ascona
 Arcegno
 Golino
 Bridge over the
 River Melezza
 Mouth of the River
 Melezza
 Ascona



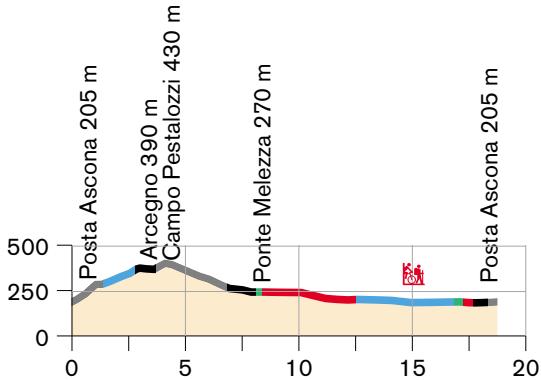
Ticinese "grotto" (mountain restaurant). © Maggiorepix



Panorama over Ascona and Lake Maggiore. © Maggiorepix



The Rivers Melezza and Maggia, and Lake Maggiore. © Maggiorepix



- Main road
- Secondary road
- Vehicle track
- Mule track / Single track
- Section not suitable for cycles

- Warning – danger!
- Watch out for walkers
- Of special beauty
- Mountain restaurant
- Viewpoint



Ascona (18,5 km, 200 m)



Ascona Parish Church SS Pietro e Paolo; Papio College and Church of Santa Maria della Misericordia; Casa Serodine; Town Museum; Epper Museum; Museum Trail on Monte Verità; rice fields of Terreni della Maggia.

Arcegno Church of Sant'Antonio; Church of San Giorgio.

Intragna Church of S Gottardo with the highest bell tower in Ticino (65m); old centre; Museum of Centovalli and Pedemonte.

Versio Comic Museum c/o Teatro Dimitri.

Cavigliano Ancient wine press

Losone Old centre with beautiful internal courtyards in the houses of San Giorgio, San Rocco and San Lorenzo, with their churches and chapels.



Luxuriant subtropical vegetation. © MaggiorepiX

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www.campingtcs.ch

Hotel Internazionale***

Piazza Stazione 35 - Tel. 091 825 43 33

www.hotel-internazionale.ch

Ristorante San Giovanni

Via S. Giovanni 7 - Tel. 091 825 19 19

www.hotelzimmer.ch

Ostello per la Gioventù

"Villa Montebello"

Via Nocca 4 - Tel. 091 825 15 22

www.youthhostel.ch/bellinzona

6710 Biasca

Hotel Al Giardinetto***

Via Aleardo Pini 21 - Tel. 091 862 17 71

www.algiardinetto.ch

Hotel Nazionale**

Via Bellinzona 24 - Tel. 091 862 13 31

www.exposwiss.ch/expo/nazionale

6816 Bissone

Hotel Campione***

Via Campione 62 - Tel. 091 640 16 16

www.hotel-campione.ch

6918 Figino

Ostello per la Gioventù

Via Casoro 2 - Tel. 091 995 11 51

www.youthhostel.ch/figino

6707 Irgnna

Grotto Angelà

Tel. 091 862 29 56

6746 Lavorgo

Hotel Defanti*

Tel. 091 865 14 34

www.defanti.ch

6600 Locarno

Ramada - Treff Hotel

Arcadia****

Lungolago G. Motta - Tel. 091 756 18 18

www.ramada-treff.ch

Hotel Belvedere****

Via ai Monti della Trinità 44

Tel. 091 751 03 63

www.belvedere-locarno.com

Hotel dell'Angelo***

Piazza Grande - Tel. 091 751 81 75

www.hotel-dell-angelo.ch

Hotel du Lac***

Via Ramogna 3 - Tel. 091 751 29 21

www.du-lac-locarno.ch

Ostello per la Gioventù

"Palagiovani"

Via Varenna 18 - Tel. 091 756 15 00

www.youthhostel.ch/locarno

6602 Muraltlo-Locarno

Garni Annita

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Hotel Camelia***

Via G. G. Nessi 9 - Tel. 091 743 00 21

www.camelia.ch

Garni Carmine**

Via Sempione 10 - Tel. 091 735 30 60

www.carminehotel.ch

Hotel Muraltlo***

Piazza Stazione 8 - Tel. 091 735 77 77

www.hotelmuraltlo.com

Garni Piccolo***

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www.rosa-seegarten.ch

Garni Stazione

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Hotel Zurigo***

Viale Verbano 9 - Tel. 091 735 77 88

www.hotelmuralto.com

6900 Lugano

Hotel Camelia*

Via Sione 2 - Tel. 091 966 31 79

www.bnbc.ch

Hotel Pestalozzi**

Piazza Indipendenza 9

Tel. 091 921 46 46

www.attuale.com/pestalozzi.html

6817 Maroggia

Camping TCS

'Piazzale Mara'***

Tel. 091 649 72 45

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6815 Melide

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www.albocalino.ch

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www.hotel-riviera.ch

6922 Morcote

Garni Iris***

Via Cantonale - Tel. 091 996 12 42

www.a-o.ch/6922-iris

6933 Muzzano

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6644 Orselina

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www.mirafiori.ch

Hotel Orselina****

Via Santuario 10 - Tel. 091 735 73 50

www.orselina.com

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Presso Centro Tropicana

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6595 Riazzino

Motel Riazzino

Tel. 091 859 14 22

www.motelriazzino.ch

6772 Rodi-Fiesso

Locanda Dazio Grande**

Tel. 091 874 60 66

www.dazio grande.ch

6942 Savosa

Ostello per la Gioventù

Via Cantonale 13 - Tel. 091 966 27 28

www.youthhostel.ch/lugano

6592 S. Antonino

Motel La Perla***

Tel. 091 850 29 50

www.motelperla.ch

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6574 Vira-Gambarogno

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Tel. 079 337 11 62

Bike & Cicli

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6616 Losone

Tel. 091 780 55 42

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Via Locarno 105

6612 Ascona

Tel. 091 791 13 41

Ghezzi Gianfranco

Via Simen

6600 Locarno

Tel. 091 751 80 09

i tourist information

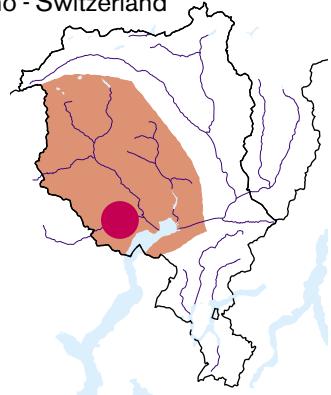
Ente Turistico Lago Maggiore

CH-6601 Locarno - Tel. +41 (0)91 791 00 91 - Fax +41 (0)91 785 19 41 - www.maggiore.ch - buongiorno@maggiore.ch

Rasa

Description of the tour

A very demanding tour which climbs from Ascona to the exceptionally beautiful mountain village of Rasa in the Centovalli. From Ascona we climb to Monte di Ronco on a mountain road. Accompanied by a wonderful view of Lake Maggiore, we cross the crest of the mountain and arrive in the Centovalli. A demanding descent over stones leads us to Rasa. This well-preserved mountain village can only be reached by a small cable car or on foot. A very difficult part of the route, with some short sections where we must carry our bikes on our shoulders, takes us down to Bordei, from where a narrow asphalted road leads down to the valley. A little after the artificial lake on the River Melezza, the narrow, winding main road brings us to Intragna. Following the banks of the river, we come out at the delta of the River Maggia, and return on footpaths to Ascona.



Distance	44.27 km
Height Difference	1305 m
Time Needed	3.00 – 4.45 ore
Physical Demands	① ② ③ ④ ⑤
Technical Difficulty	① ② ③ ④ ⑤
Views	① ② ③ ④ ⑤
Period Advised	



Rasa (17.1 km, 920 m)





Route

Ascona
Porano
Casone
Rasa
Bordei
Palagnedra
Intragna
Golino
Ascona

Please Note

In autumn and winter,
woodland footpaths can be
covered with large
quantities of vegetation.



Ascona Parish Church SS Pietro e Paolo; Papio College and Church of Santa Maria della Misericordia; Casa Serodine; Town Museum; Epper Museum; Museum Trail on Monte Verità; rice fields of Terreni della Maggia.

Arcegno Church of Sant'Antonio; Church of San Giorgio.

Rasa Small Church dedicated to the Madonna

Bordei Small church renowned for its acoustics

Verdasio Cable cars to Rasa and Monte di Comino

Corcapolo Roman bridge

Intragna Church of S Gottardo with the highest bell tower in Ticino (65m); old centre; Museum of Centovalli and Pedemonte.

Cavigliano Ancient wine press

Verscio Comic Museum c/o Teatro Dimitri.

Losone Old centre with beautiful internal courtyards in the houses of San Giorgio, San Rocco and San Lorenzo, with their churches and chapels



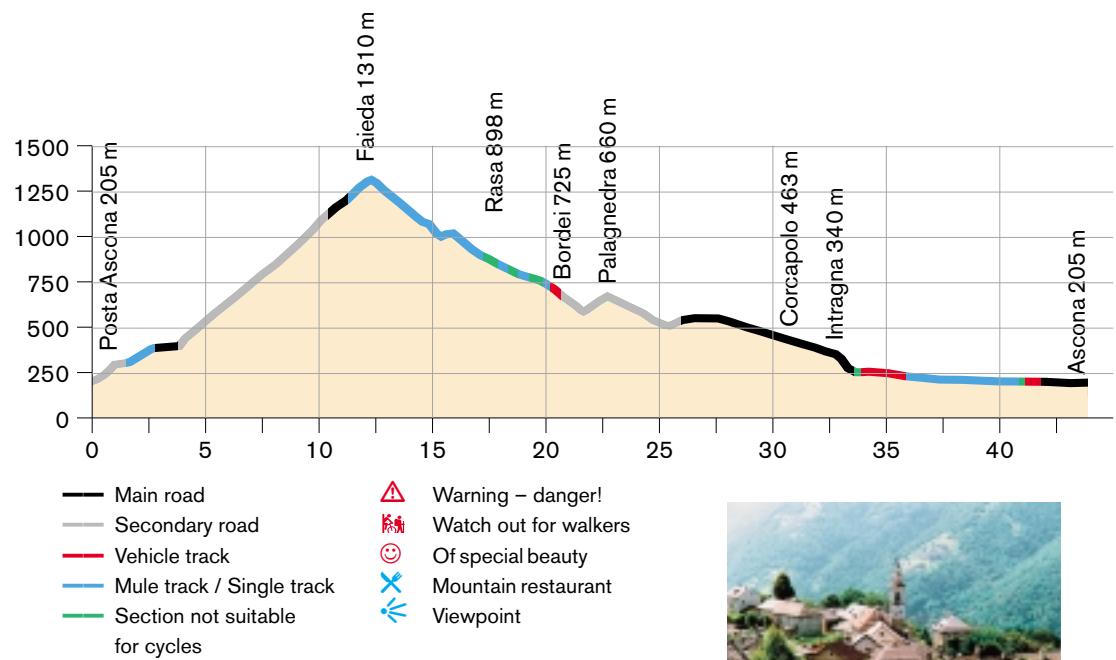
View over Lake Maggiore, Ascona and Losone (12,1 km, 1290 m)



Monti di Ronco (8,8 km, 940 m)



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Rasa (17.3 km, 898 m)

Tourist Facilities for cyclists in Ticino

6780 Airolo

Hotel Alpina Airolo***

Tel. 091 873 32 32

www.hotel-alpina.net

Hotel Forni****

Via Stazione - Tel. 091 869 12 70

www.forni.ch

Alloggio Girasole

Via Stazione - Tel. 091 869 19 27

wwwairolo.ch/girasole.htm

Ristorante Ramelli*

Tel. 091 869 13 80

6612 Ascona

Hotel Casa Berno****

Tel. 091 791 32 32

www.casaberno.ch

Garni Sport**

Via Locarno 25 - Tel. 091 791 00 31

6500 Bellinzona

Camping TCS

'Bosco di Molinazzo'***

Tel. 091 829 11 18

www.campingtcs.ch

Hotel Internazionale***

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www.hotel-internazionale.ch

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www.hotelzimmer.ch

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www.youthhostel.ch/bellinzona

6710 Biasca

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www.exposwiss.ch/expo/nazionale

6816 Bissone

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Viale Verbano 25 - Tel. 091 743 87 31

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6772 Rodi-Fiesso

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www.dazio grande.ch

6942 Savosa

Ostello per la Gioventù

Via Cantonale 13 - Tel. 091 966 27 28

www.youthhostel.ch/lugano

6592 S. Antonino

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www.motelperla.ch

6598 Tenero

Albergo Rivabella

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6574 Vira-Gambarogno

Casa Vignascia

Via Cantonale - Tel. 091 795 10 20

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Tel. 079 337 11 62

Bike & Cicli

Via Locarno 32

6616 Losone

Tel. 091 780 55 42

Facchi Claudio

Via Locarno 105

6612 Ascona

Tel. 091 791 13 41

Ghezzi Gianfranco

Via Simen

6600 Locarno

Tel. 091 751 80 09

i tourist information

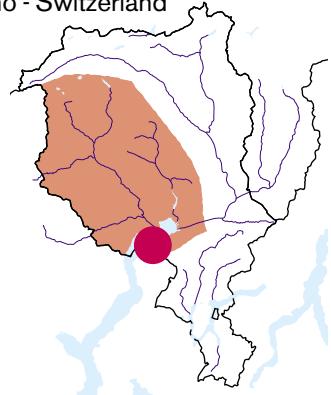
Ente Turistico Lago Maggiore

CH-6601 Locarno - Tel. +41 (0)91 791 00 91 - Fax +41 (0)91 785 19 41 - www.maggiore.ch - buongiorno@maggiore.ch

Bassa di Indemini

Description of the tour

An extreme tour which climbs to Monte Tamaro with its wonderful panoramic view over the south part of Ticino and Lake Maggiore. On the main road we go from Vira/Magadino to Quartino, from where we arrive at Monte Ceneri on a steep old mule track. The path that climbs to Monte Tamaro is very tough, especially the higher section. To compensate for the effort, one of the best views in all Ticino awaits us at the Capanna (mountain hut) Monte Tamaro. After more than 1,700 metres of descent, the first technically very difficult descent to Indemini starts. A short, asphalted section of road leads us to the border into Italy, and near Biegnو the last climb begins, to the Passo Forcora. Here there is another marvellous view over Lake Maggiore and the Veddasca Valley, before the very steep descent to Zenna. With sections at over 30% angle, this descent is only for expert mountain bikers. The lake road takes us back to the starting point.



Distance	53.63 km
Height Difference	2230 m
Time Needed	4.00 – 6.20 ore
Physical Demands	① ② ③ ④ ⑤
Technical Difficulty	① ② ③ ④ ⑤
Views	① ② ③ ④ ⑤
Period Advised	



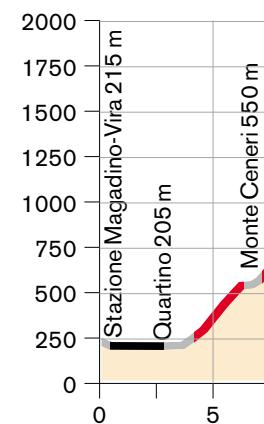
The Church of Santa Maria degli Angeli, Alpe Foppa (14 km, 1435 m)





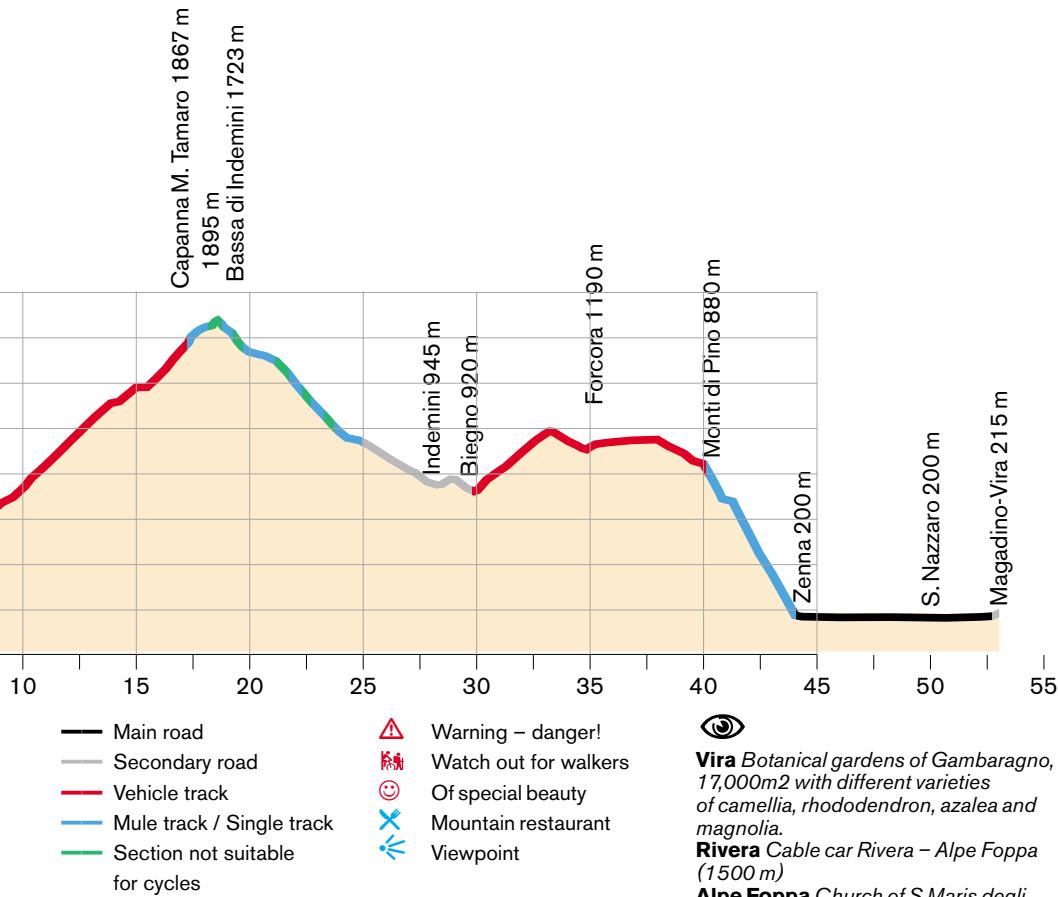
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Route

Vira/Magadino
Quartino
Monte Ceneri
Alpe Foppa
Capanna
Monte Tamaro
Bassa di Indemini
Monti Idacca
Indemini
Biegno (I)
Passo Forcora (I)
Monti di Pino (I)
Zenna (I)
Dirinella
Ranzo
S. Nazzaro
Vira/Magadino



Variation

By taking the cable car to Monte Tamaro, the climb can be reduced by 940 metres.

Please note

In autumn, woodland footpaths can be covered with large quantities of vegetation. Descents from Monte Tamaro are in a very steep area.

The descent from Monte di Pino to Zenna is very steep and not passable in wet conditions.

It is possible to avoid this descent by going from Monti Idacca to the Alpe di Neggia and returning to Vira/Magadino.

Info

Do not forget personal documents for the section in Italy



Vira Botanical gardens of Gambarago, 17,000m² with different varieties of camellia, rhododendron, azalea and magnolia.

Rivera Cable car Rivera – Alpe Foppa (1500 m)

Alpe Foppa Church of S Maris degli Angioli (designed by Mario Botta)

Indemini Museum; Madonna del Monte sul Colle di S Anna

Magadino Bolle di Magadino, wetland area of international importance for flora and fauna; Parish Church.



Near Biegnو (33.5 km, 1275 m)



View of Lake Maggiore (35.1 km, 1275 m)



35,1 km, 1275 m



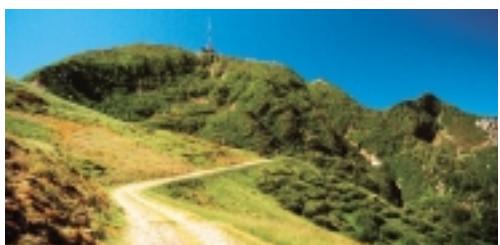
Very steep mule track leading down to Lake Maggiore (40,5 km, 1020 m)



Capanna Monte Tamaro (17,9 km, 1865 m)



19,1 km, 1850 m



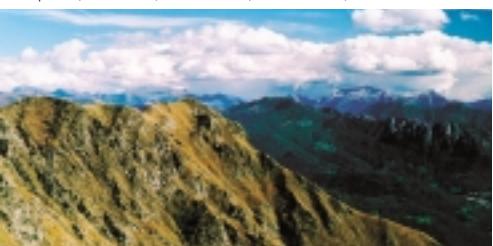
The climb to Monte Tamaro (15,4 km, 1520 m)



The climb to Monte Tamaro (17,6 km, 1810 m)



The Capanna (mountain hut) Monte Tamaro (17,9 km, 1865 m)



The view from Monte Tamaro (18,6 km, 1895 m)



Bassa di Indemini (20,1 km, 1723 m)



Tourist Facilities for cyclists in Ticino

6780 Airolo

Hotel Alpina Airolo***

Tel. 091 873 32 32

www.hotel-alpina.net

Hotel Forni****

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www.forni.ch

Alloggio Girasole

Via Stazione – Tel. 091 869 19 27

wwwairolo.ch/girasole.htm

Ristorante Ramelli*

Tel. 091 869 13 80

6612 Ascona

Hotel Casa Berno****

Tel. 091 791 32 32

www.casaberno.ch

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6500 Bellinzona

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Hotel Nazionale**

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www.exposwiss.ch/expo/nazionale

6816 Bisone

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6918 Figino

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6707 Irgnna

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6746 Lavorgo

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www.carmelia.ch

Garni Carmine**

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www.carminehotel.ch

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Viale Verbano 9 – Tel. 091 735 77 88

www.hotelmuralto.com

6900 Lugano

Hotel Camelia*

Via Sione 2 – Tel. 091 966 31 79

www.bnbc.ch

Hotel Pestalozzi**

Piazza Indipendenza 9

Tel. 091 921 46 46

www.attuale.com/pestalozzi.html

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Camping TCS

'Piazzale Mara'***

Tel. 091 649 72 45

www.campingtcs.ch

6815 Melide

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www.alboccalino.ch

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www.hotel-riviera.ch

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www.a-o.ch/6922-iris

6933 Muzzano

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www.orselina.com

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6988 Ponte Tresa

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www.motelpontetresa.ch

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6595 Riazino

Motel Riazino

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www.motelriazzino.ch

6772 Rodi-Fiesso

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www.dazio grande.ch

6942 Savosa

Ostello per la Gioventù

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www.youthhostel.ch/lugano

6592 S. Antonino

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6574 Vira-Gambarogno

Casa Vignascia

Via Cantonale – Tel. 091 795 10 20

Shops and Cycle mechanics

Adolfo Dongiovanni

Vicino Posta

6572 Quartino

Tel. 091 795 32 12

Alberto Bike Store

Via Cantonale

6802 Rivera

Tel. 091 946 44 64

i tourist information

Gambarogno Turismo

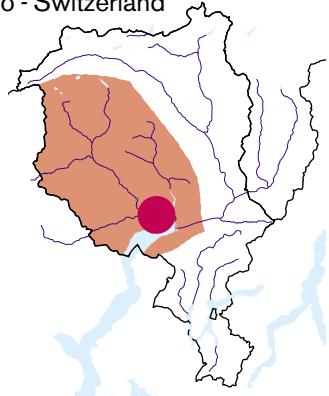
CH-6574 Vira – Tel. +41 (0)91 795 18 66 – Fax +41 (0)91 795 33 40 – www.gambarognaturismo.ch – gambarogno@etlm.ch

Ascona- Bellinzona

Description of the tour

An ideal tour for families, fully signposted and on level ground, allowing us to discover the Magadino Plain from all points of view.

The countryside is rich in natural beauty and agriculture and invites us to a carefree excursion with a wide choice of lunch stops among the various farms and countryside tourist centres.



Distance	30 km
Height Difference	75 m
Time Needed	1.30 – 2.30 ore
Physical Demands	1 ② ③ ④ ⑤
Technical Difficulty	1 ② ③ ④ ⑤
Views	1 ② ③ ④ ⑤
Period Advised	
	I II III IV V VI VII VIII IX X XI XII

Beside the lake in Locarno. © MaggiorepiX





Route

Ascona
Locarno
Muralto
Minusio
Tenero
Cugnasco
Gudo
Giubiasco
Bellinzona

Warning

At Gudo and at Giubiasco it is necessary to cross fairly busy roads.

Info

As the route is always on level ground, a plan of height differences is not necessary.



Ascona Parish Church SS Pietro e Paolo; Papio College and Church of Santa Maria della Misericordia; Casa Serodine; Town Museum; Epper Museum; Museum Trail on Monte Verità; rice fields of Terreni della Maggia.

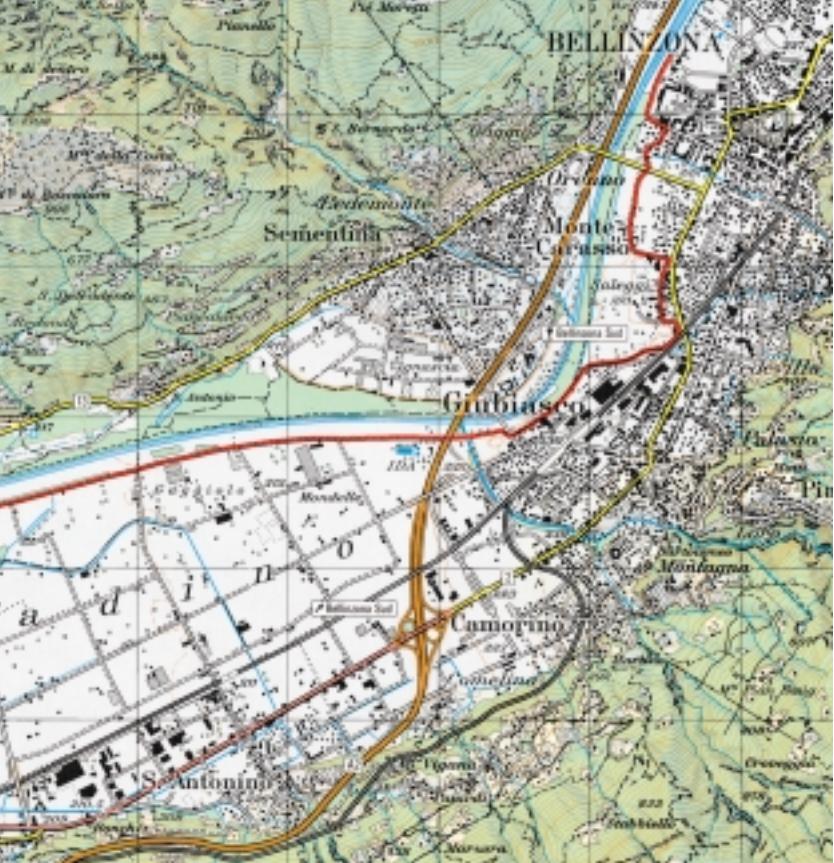
Locarno Visconteo castle now an archeological museum with pieces from the Roman period; Piazza Grande; Art Gallery Casa Rusca (XVII); Sanctuary Madonna del Sasso (XVI – XVII); works by Ciseri and Bramantino; Funicular railway Locarno – Orselina(378m); Cable car and chair lift Orselina – Cardada (1332m) - Cimatta (1671m); Tourist railway "Centovallina" Locarno-Domodossola (It); Astomonal footpath "sentiero dei pianeti"; Church of S Antonio; Church of Santa Maria in Selva (in the cemetery) XV-XVI; Church of Assunta (or New Church) with baroque decorations; Church of S Francesco (basilica XIV – XVI)

Muralto Church of S Vittore, dating from 901 – 978
Minusio Cà di Ferro (XVI), ex deposit and barracks for mercenaries; Church of S Qurico (XVI) in baroque style.

Tenero Wine museum c/o Matasci Vini.

Gudo Church of S Maria at Progero
Monte Carasso Agostine Monastery (XV) restored in 1993 by architect Luigi Snozzi; Parish Church of SS Bernadino and Girolamo; Church of the Trinity (XVII); Church of S Bernardo (XI-XII).

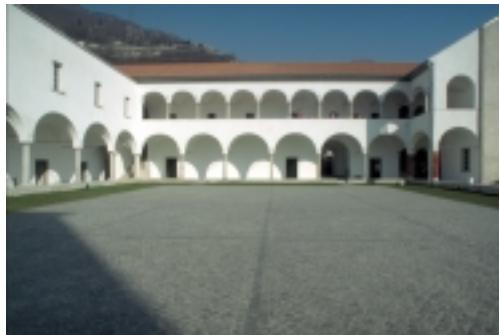
Bellinzona Churches: Collegiata, S Biagio, Maria delle Grazie. Castles: Castelgrande, Montebello, a Sasso Corbaro (UNESCO world heritage site) Museum of Modern Art "Villa dei Cedri"; Town Hall.



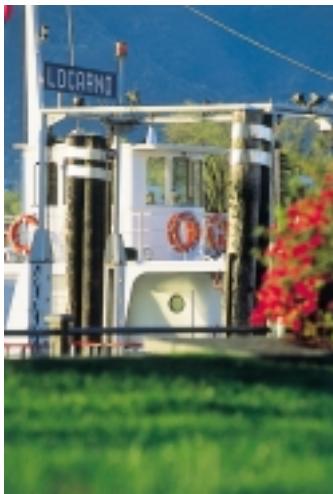
Reproduced by permission of Swisstopo (BA032195)



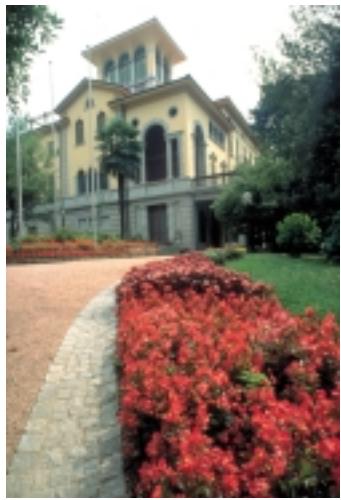
Church of Madonna del Sasso, Locarno. © MaggiorepiX



Monte Carasso, Agostine Convent. © A. Zirpoli



Boat at the landing stage in Locarno. © MaggiorepiX



Bellinzona, Museum "Villa dei Cedri". © A. Zirpoli



The lake side at Ascona



Monte Carasso, the Church of San Bernadino. © A. Zirpoli



Bellinzona, Montebello Castle. © A. Zirpoli



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www.forni.ch

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6612 Ascona

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www.casaberno.ch

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"Villa Montebello"

Via Nocca 4 – Tel. 091 825 15 22

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www.exposwiss.ch/expo/nazionale

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www.hotel-campione.ch

6918 Figino

Ostello per la Gioventù

Via Casoro 2 – Tel. 091 995 11 51

www.youthhostel.ch/figino

6707 Irgnna

Grotto Angela

Tel. 091 862 29 56

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www.defanti.ch

6600 Locarno

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Lungolago G. Motta – Tel. 091 756 18 18

www.ramada-treff.ch

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Tel. 091 751 03 63

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Presso Centro Tropicana

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6595 Riazino

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www.motelriazzino.ch

6772 Rodi-Fiesso

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www.dazio grande.ch

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6574 Vira-Gambarogno

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6612 Ascona

Tel. 079 337 11 62

De Carli Mirtò

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6648 Minusio

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Facchi Claudio

Via Locarno 105

6612 Ascona

Tel. 091 791 13 41

Ghezzi Gianfranco

Via Simen

6600 Locarno

Tel. 091 751 80 09

i tourist information

Ente Turistico Lago Maggiore

CH-6601 Locarno – Tel. +41 (0)91 791 00 91 – Fax +41 (0)91 785 19 41 – www.maggiore.ch – buongiorno@maggiore.ch

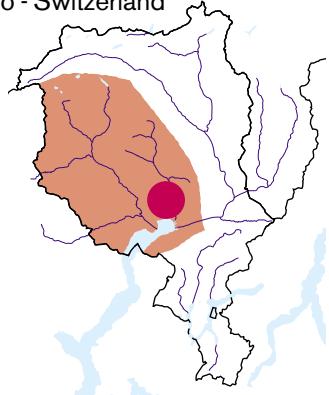
Bellinzona Turismo

CH-6500 Bellinzona – Tel. +41 (0)91 825 21 31 – Fax +41 (0)91 821 41 20 – www.bellinzonaturismo.ch – info@bellinzonaturismo.ch

Locarno-Sonogno

Description of the tour

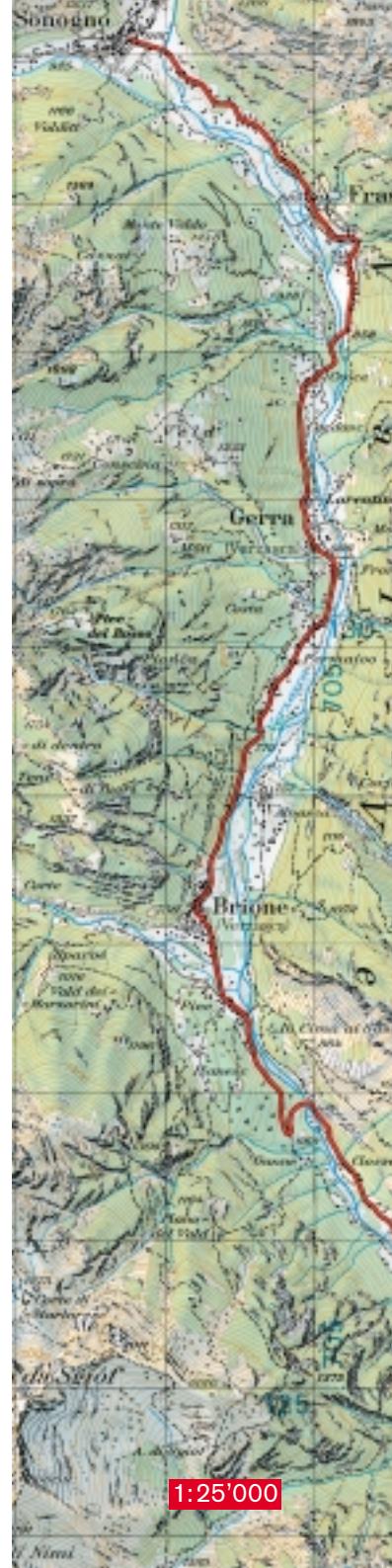
This tour is always on cantonal roads and is technically fairly easy. There are several viewpoints along the way, each with its own characteristics: We go from the banks of Lake Maggiore to the emerald green waters of the River Verzasca, passing the vineyards of Gordola, the dam of the Verzasca Valley and the Roman bridge at Lavertezzo.

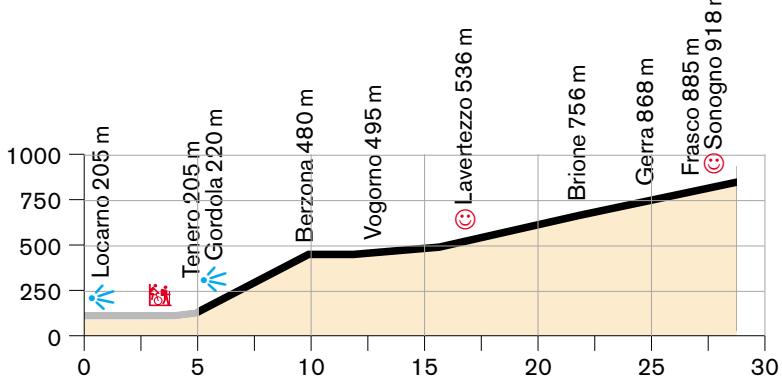


Distance	28 km
Height Difference	620 m
Time Needed	2.30 – 3 ore
Physical Demands	① ② ③ ④ ⑤
Technical Difficulty	① ② ③ ④ ⑤
Views	① ② ③ ④ ⑤
Period Advised	
	I II III IV V VI VII VIII IX X XI XII

"Ponte dei salti" at Lavertezzo







- Main road
- Secondary road
- Vehicle track
- Mule track / Single track
- Section not suitable for cycles

- ⚠ Warning – danger!
- ⚠ Watch out for walkers
- 😊 Of special beauty
- ✖ Mountain restaurant
- 👉 Viewpoint

Route

Locarno
Tenero
Gordola
Berzona
Vogorno
Lavertezzo
Brione
Gerra
Frasco
Sonogno



Locarno Visconteo castle now an archeological museum with pieces from the Roman period; Piazza Grande; Art Gallery Casa Rusca (XVII sec); Sanctuary Madonna del Sasso (XVI – XVII); works by Ciseri and Bramantino; Funicular railway Locarno – Orselina(378m); Cable car and chair lift Orselina – Cardada (1332m) - Cimatta (1671m); Tourist railway "Centovallina" Locarno-Domodossola (It); Astomoncal footpath "sentiero dei pianeti"; Church of S Antonio; Church of Santa Maria in Selva (in the cemetery) XV-XVI; Church of Assunta (or New Church) with baroque decorations; Church of S Francesco (basilica XIV – XVI)

Muralto Church of S Vittore, dating from 901 – 978

Minusio Cà di Ferro (XVI), ex deposit and barracks for mercenaries; Church of S Qurico (XVI) in baroque style.

Tenero Wine museum c/o Matasci Vini.

Gordola Verzasca Dam, site for bungee-jumping.

Vogorno Church of S Bartolomeo, with frescoes from XIII and XIV.

Corippo Charming village, typical of the Verzasca Valley Monumnet of national importance

Lavertezzo Famous "Ponte dei Salti"; Footpath "dell'Arte"

Brione Parish Church with precious frescoes from XIII

Frasco Hydropower station; mill

Sonogno Museum of the Verzasca Valley, communal bread oven, Casa della lana (House of wool)





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Via S. Gottardo 78

6648 Minusio

Tel. 091 753 29 54

Ranzoni SA

Cinque Vie

6600 Locarno

Tel. 091 751 29 55

Erat Sport

Vicino Camping Campo Felice

6598 Tenero

Tel. 091 745 10 79

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Ente Turistico Tenero e Valle Verzasca

CH-6598 Tenero - Tel. +41 (0)91 745 16 61 - Fax +41 (0)91 745 42 30 - www.tenero-tourism.ch - info@tenero-tourism.ch